

学生Podcast比赛准备课程大纲

课程简介

本课程为一对一辅导，面向12至19岁的学生，围绕《纽约时报》每年举办的学生播客比赛展开。通过课程，学生将完成一档原创Podcast节目的策划、录制与提交，全面提升媒介素养、内容表达能力，并掌握使用专业音频软件**Adobe Audition**的剪辑技能。

学生将在实践中学习新闻采访、脚本写作、声音表现、音频剪辑等内容，最终产出一个结构完整、内容吸引的播客节目，作为参赛作品，同时也可用于学术申请或个人作品集展示。

适合对象

 年龄 12-19 岁

对播客、声音表达或新闻采访感兴趣的学生

 有意参加《纽约时报》学生Podcast比赛，或希望提升综合表达与媒体技能的学生

上课形式与时长

每节课 1 小时

已上过“演讲与表达”课程的学生：共 6 节课

新学员：共 8 节课

授课形式：主要为线上，如需剪辑支持，后期可安排线下课

学习成果

了解比赛规则与评审标准

学会策划选题、采访与撰写播客脚本

掌握声音录制技巧与Adobe Audition基础操作

制作并提交一档完整播客作品

媒介素养、批判性思维与数字表达能力显著提升

播客作品可用于个人简历、升学申请或公开展示

课程安排

8节课内容(适用于新生)

1. 播客概念 & 比赛规则
2. 选题策划与采访技巧
3. 采访实践与素材收集

4. 撰写播客脚本
5. 声音表现与录音技巧
6. Adobe Audition剪辑入门
7. 后期润色与配乐节奏
8. 提交作品 & 成果展示

6节课内容(适用于进阶学员)

1. 播客结构 & 采访设计
2. 撰写与修改播客脚本
3. 录音与声音表达训练
4. 剪辑与音效处理
5. 成品打磨与试听反馈
6. 提交与学习总结

Student Podcast Competition Prep – Course Syllabus

Course Overview

This is a 1-on-1 coaching course designed for students aged **12–19**, guiding them through the creation and submission of an original podcast to *The New York Times* Student Podcast Contest. The course helps students build strong **media literacy**, develop storytelling and interviewing skills, and gain hands-on experience with **Adobe Audition**, a professional audio editing tool.

Students will learn how to brainstorm topics, write scripts, conduct interviews, record narration, and edit their podcast. The final product can be submitted to the contest and used in portfolios, academic applications, or as a digital showcase of creativity and communication skills.

Who It's For

-  Ages 12–19
-  Students interested in podcasting, media, or journalism



Participants of the NYT Student Podcast Contest

Anyone seeking to enhance communication and digital media skills

Format & Duration



1 hour per session



6 sessions: For returning students who've taken the "Speech & Expression" course



8 sessions: For new students



Format: Online-based with optional in-person editing support later if needed

What You'll Gain

Understand podcast formats and contest expectations

Develop a topic and script a compelling story

Conduct interviews and record voice narration

Learn the basics of **Adobe Audition**

Produce and submit a high-quality podcast

Improve media literacy, digital fluency, and communication

Create a podcast that can be used for college or portfolio purposes

Course Breakdown

8-Session Plan (For New Students)

1. Intro to Podcasts & Contest Rules
2. Topic Planning & Interview Skills
3. Interview Practice & Gathering Material
4. Podcast Scriptwriting
5. Voice Expression & Recording
6. Editing Basics with Adobe Audition
7. Polishing, Music & Final Touches
8. Submission & Reflection

6-Session Plan (For Returning Students)

1. Podcast Structure & Interview Design

2. Scriptwriting & Story Editing
3. Voice Recording Techniques
4. Audio Editing & Sound Effects
5. Final Review & Feedback
6. Submission & Showcase